



EVA LONGORIA  
BRAND EMBASSADOR

# LIFE CHANGING WOMEN'S WELLNESS



EMPOWER RF

*by* INMODE



# MEET THE TEAM



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Women's health is our passion! Our goal is to lead women's healthcare in the community and provide effective care and outcomes for women of all ages. We're excited to be part of the InMode team and provide new and advancing technologies to our patients. Our providers have undergone InMode certified training and have personally seen the benefits of these procedures.

## DO YOU SUFFER FROM ANY OF THESE SYMPTOMS?

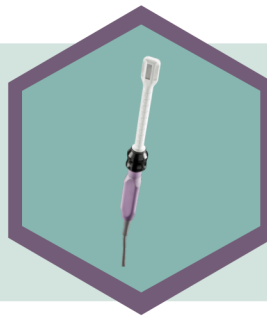
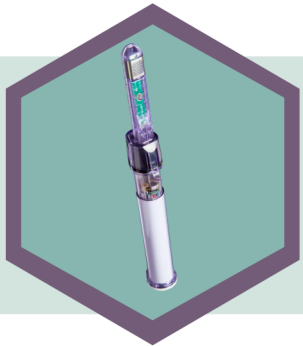
- Cellulite
- Loose or Sagging Skin
- Stretch Marks
- Scarring (Acne, Surgical, and Episiotomy)
- Skin Rolls
- Uneven Skin Texture
- Bulging Fat
- Poor Muscle Tone
- Vaginal Dryness (Vaginal Atrophy)
- Pelvic Floor Weakness
- Recurrent Vaginal Infections
- Stress Urinary Incontinence
- Urge Urinary Incontinence
- Urinary Frequency
- Painful Intercourse
- Chronic UTI
- Vaginal or Labial Laxity
- Decreased Vaginal Sensation or Decreased Ability to Achieve Orgasm
- Vulvar or Vaginal Pain
- Crepey Vulvar Skin or Labia
- Displeasure or Lack of Confidence in Vaginal/Vulvar Appearance

# WHAT IS EMPOWER?

Empower is the umbrella name that includes up to 6 complimentary technologies, individually or combined, to address many female health and wellness concerns.

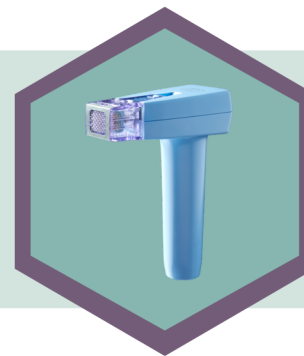
## WOMEN'S HEALTH

Morpheus8V | VTone | FormaV



## AESTHETICS

Morpheus8 | Morpheus8body | Tone



## WHO CAN BE TREATED?

Most all adult females with women's health & wellness concerns; particularly those who have had children or women dealing with any symptoms of menopause. Common concerns are aging tissue, low blood flow and sensitivity, pain sensation and weakening of the muscles.



This is a nonhormonal, intravaginal treatment that is registered as a therapeutic device for the treatment of sexual dysfunction or as an adjunct to Kegel exercises and cleared for temporary improvements in blood circulation, muscle pain relief and muscle relaxation.

A small wand is inserted into the vaginal canal that deploys gentle, uniformed heat and energy to cause healing in the vaginal tissue. It improves muscle stimulation and relaxation while strengthening the pelvic floor.

## Key Benefits of FormaV

- Quick results with continued improvements over time with an annual maintenance treatment
- Treats: vaginal dryness, loose or stretched tissue, "sandy" feeling vagina, pain with intercourse, stress incontinence, thinning of internal and external vaginal membranes, and decreased vaginal sensitivity
- Is it worth it? 94% of women on RealSelf say, "YES!"

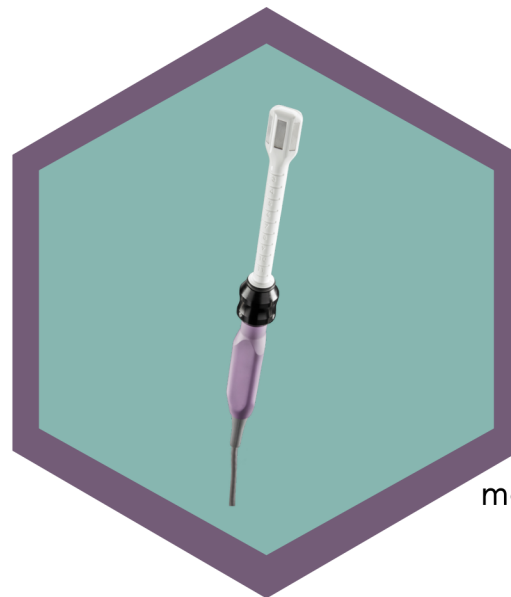
## FAQs

### Is it painful? Is there any downtime?

- Depending on the intensity of the treatment, there is little to no downtime. Most patients may have slight discomfort during and immediately after the treatment. Some patients will experience no discomfort at all. You can expect to feel a heating sensation during the treatment and sometimes for several hours after.

### How many sessions are required?

- The provider will determine the best treatment plan for you. The majority of patients have 3 sessions. However, most notice a difference after only 1 treatment! The number of sessions depends on your treatment concerns, your personal goals, and if you plan on using combination treatments. We also advise yearly maintenance treatments to optimize and maintain your results.



Morpheus8V is a fast and effective radiofrequency technology that provides intravaginal tissue remodeling. Morpheus8V rejuvenates the vagina to improve sexual drive, comfort, and enjoyment to restore a youthful appearance to a woman's vaginal area.

## FAQs

### How does it work?

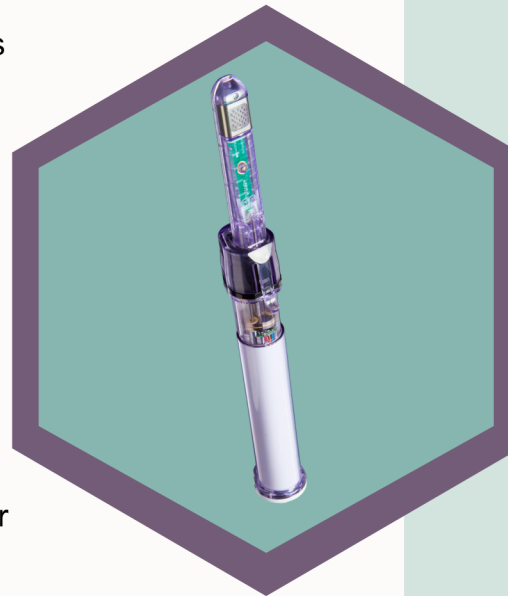
- A vaginal rejuvenation from Morpheus8V delivers controlled pulses of radiofrequency energy deep into the vagina and labia to tighten the soft tissue and stimulate the production of elastin and collagen.

### Is it painful? Is there any downtime?

- A topical numbing is applied for patient comfort. There is minimal downtime: typically, 1-3 days but sometimes the area might be red for up to a week.

### What does Morpheus 8V treat/improve?

- The result is increased lubrication and renewed thickness, strength, and tone in the vaginal walls and labia, which results in vaginal tightening and more comfort with intimacy.



### Key Benefits of Morpheus8V

- It's the only "all-in-one" treatment reported to improve urinary leakage, overactive bladder, sexual enjoyment/responsiveness, and vaginal atrophy/dryness.
- Comfortable and safe in-office treatment with minimal downtime.
- Long lasting results easily maintained with annual treatment.
- Improves patient confidence and quality of life without surgery or prolonged downtime.
- Decreases chronic vaginal infections and UTI.

VTone is a small anatomically shaped applicator that delivers intravaginal electrical muscle stimulation (EMS) to rehabilitate weak pelvic floor muscles, treating stress, urge, and mixed urinary incontinence. Under doctor supervision and treatment with VTone, you can achieve life-changing results.

## Key Benefits of VTone

- Highly effective, non-invasive procedure administered in-office to strengthen weak pelvic floor muscles and improve urinary incontinence symptoms.
- The two-sided tip inserts quickly and comfortably into the vaginal canal.
- Boosts patient confidence and quality of life without surgery or prolonged downtime.
- Strength and support you can feel.

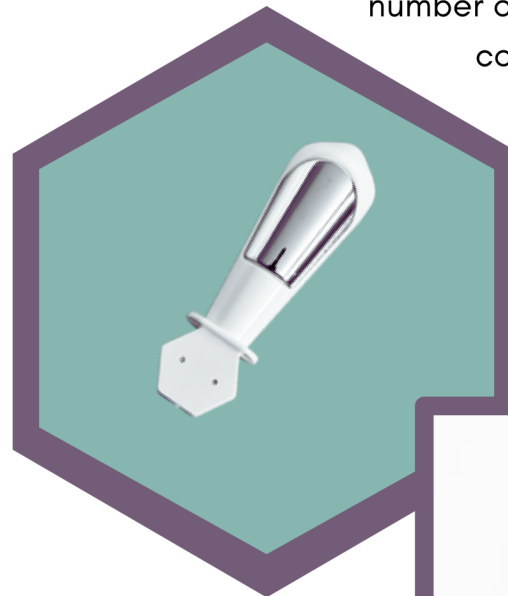
## FAQs

### Is it painful? Is there any downtime?

- Depending on the intensity of the treatment but most patients find it very comfortable. The great thing about VTone is after the treatment you can continue about your daily activities as there's no downtime.

### How many sessions are required?

- Your provider will determine the best treatment plan for you. The majority of patients have 6 sessions. However, most notice a difference after only 1 treatment! The number of sessions depends on your treatment concerns, your personal goals, and if you plan on using combination treatments. With VTone we are strengthening muscles for symptom relief so maintenance treatments are done on an as needed basis.



# MORPHEUS8

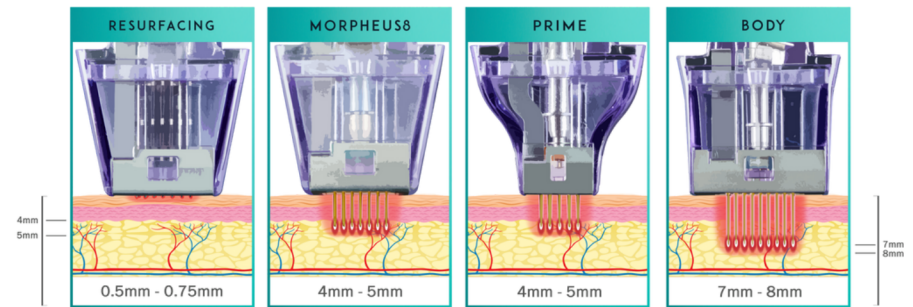
Morpheus8 is a fractional treatment promoting tissue remodeling. It is proven to reduce wrinkles and rebuild collagen. The treatment can be customized to treat any part of the vulva or mons pubis.

## Key Benefits of Morpheus8

- Improves the external appearance of the vulva and wrinkled appearance of the labia as it helps tighten skin. It can also help retract the clitoral hood.
- Allows skin tightening.
- Improves the appearance of stretch marks.
- Improves the appearance of acne/surgical scars.
- Helps with wrinkle reduction
- Improves hyperhidrosis.



## DEPTH OF PENETRATION



## FAQs

### How does it work?

- Topical numbing is applied for patient comfort on the areas to be treated. Then the Morpheus8 treatment is performed. It uses heat plus tiny microneedles to help promote new collagen growth.

### How many sessions are required?

- Depending on your recommendation, you can expect to have between 1-3 sessions.

### Is it painful? Is there any downtime?

- A topical numbing is applied for patient comfort. There is minimal downtime: typically, 1-3 days but sometimes the area might be red for up to a week.

# TONE

Tone is a non-invasive solution designed specifically to increase muscle strength. It is a non-surgical procedure that will enhance the shape and tone of the body using electrical muscle stimulation (EMS). Tone is recommended for patients who are looking for a non-invasive treatment to tone muscles and address areas that require definition. Tone stimulates muscle contractions to target specific muscle groups.

## FAQs

### How many sessions are required?

- The number of treatments is typically 4-6 sessions, once weekly and may vary individually. Single maintenance sessions may be needed every 1-3 months.

### Is it painful? Is there any downtime?

- Tone is painless and non-invasive. You will feel a series of muscle contractions similar to the ones during a workout. However, there will be no effort on your part. There is zero downtime involved in Tone treatments. You may feel a little sore after the treatment.

### Key Benefits of Tone

- Customizable, hands-free muscle-toning treatment
- Non-invasive
- Can be safely and effectively used on all skin types
- No incisions or scarring
- An improvement in muscle definition and quality






# Empower Treatments


## YOUR GUIDE TO INMODE

<b>1 week before</b>	<ul style="list-style-type: none"><li>• Avoid Aspirin and NSAID medications such as Ibuprofen, Advil, Aleve for 1 week.</li><li>• Hair should be shaved in the area of interest (no waxing or chemical removal).</li></ul>
<b>1 day before</b>	<ul style="list-style-type: none"><li>• Shower with mild soap and water.</li><li>• Discontinue retinoid treatments.</li><li>• Please notify the office if you are having any active skin conditions in the treatment area, e.g. eczema, herpes/shingles, psoriasis, infections or skin breakdown.</li></ul>
<b>The day of the procedure</b>	<ul style="list-style-type: none"><li>• Tone/vTone/FormaV: Arrive 15 minutes prior to scheduled appointment</li><li>• Morpheus8/8V/Body: Arrive 1 hour prior to scheduled appointment to allow for adequate anesthesia</li><li>• We recommend voiding your bladder immediately before and after any vaginal procedures.</li></ul>
<b>After the procedure</b>	<ul style="list-style-type: none"><li>• You may resume the use of your usual skin care products (usually 2-3 days). Retinoids may be used 5-7 days after treatment. Avoid sun exposure to reduce the chance of hyperpigmentation.</li><li>• We recommend you refrain from intercourse, pelvic exams and the use of tampons for 2-3 days.</li></ul>

I suffer from...



My treatment plan is...



# CONTRAINDICATIONS

## **Please inform us if you have any of the following conditions:**

- Pregnancy or breastfeeding
- Pacemaker or internal defibrillator or any electronic implant such as a glucose monitor
- Permanent implant in the treated area such as metal plates and screws, silicone implants or an injected chemical substance
- Current or history of cancer, especially skin cancer or pre-malignant moles
- Impaired immune system due to immunosuppressive diseases such as AIDS and HIV, or use of immunocompromised medications
- Severe concurrent conditions such as cardiac disorders, epilepsy, uncontrolled hypertension, and liver or kidney diseases
- A history of diseases stimulated by heat, such as recurrent herpes in the treatment area
- Any active condition in the treatment area such as sores, psoriasis, eczema and rash as well as excessively/freshly tanned skin
- History of skin disorders such as keloid scarring, abnormal wound healing, as well as very dry and fragile skin
- Any medical condition that might impair skin healing
- Poorly controlled endocrine disorders, such as diabetes or thyroid dysfunction
- Any surgical, invasive, or ablative procedure in the treatment area in the last 3 months or before complete healing
- Superficial injection of biological fillers in the last 6 months, or Botox in the last 2 weeks
- Use of Isotretinoin (Accutane) within 6 months prior to treatment.



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